

DO THE RIGHT THING

SAY YES TO THE VACCINE AND GET A TEST
IF YOU HAVE SYMPTOMS OF COVID-19

With Covid still in our communities, we all need to do the right thing to keep rates as low as possible.



! Say yes to the vaccine. That's both doses.

Everyone over the age of 18 can now get the jab.

Book online at www.nhs.uk/conditions/coronavirus-covid-19 or by phoning 119. For walk-in centres and pop up clinics visit www.thevaccinators.co.uk

Remember there must be an eight week gap between your first and second jab.

! Get a test if you have symptoms.

If you have symptoms of Covid-19 – a high temperature, a new or persistent cough or a loss in sense of taste or smell – **book a test at www.gov.uk/get-coronavirus-test** and self-isolate.

! Self-isolate if you are asked to by NHS Test and Trace.

Lots of support is available for people who need to self-isolate including payments of £500 and help with accessing food and medicine.

For information visit www.peterborough.gov.uk/selfisolationsupport

REMEMBER

- MEET PEOPLE OUTDOORS OR IN WELL-VENTILATED PLACES IF YOU CAN
- KEEP A POLITE DISTANCE FROM OTHERS
- WEAR A MASK IN CROWDED PLACES – OR WHERE YOU CAN'T KEEP A DISTANCE
- WASH YOUR HANDS WELL AND OFTEN

i For further updates and information check our website which will be regularly updated www.peterborough.gov.uk/coronavirus

